

### Comprehensive Analysis of Profunda Artery Perforator Flap Thickness Based on CTA

Susana Heredero, MD, PhD<sup>1</sup>; María I. Falguera, MD<sup>1</sup>; Alba Sanjuan, MD<sup>1</sup>; Alicia Dean, MD<sup>1</sup>; Juan Solivera, MD, PhD<sup>2</sup>

<sup>1</sup>UGC de Cirugía Maxilofacial, Hospital Universitario Reina Sofía, Córdoba, Spain

<sup>2</sup>UGC de Neurocirugía, Hospital Universitario Reina Sofía, Córdoba, Spain



#### ABSTRACT

**Introduction:** The anterolateral and anteromedial thigh (ALT and AMT) flaps are the most commonly used thigh free flaps for intraoral reconstruction. Recently, the profunda artery perforator (PAP) flap has been proposed as an alternative. This study aimed to compare the thickness of these thigh flaps and to identify the factors influencing flap thickness in our population.

**Methods:** The study sample comprised legs ( $n = 72$ ) of patients who underwent head and neck reconstruction with a fibula free flap. Preoperative computed tomographic angiography was used for morphologic analysis. Pearson correlation analysis was used to assess the relationship between flap thickness and different continuous variables. A repeated measures mixed linear model analysis was performed using all the available measurements. The adjusted marginal means of each flap were estimated using a fixed-effect model.

**Results:** Flap thickness was more in women ( $p < 0.001$ ) and was correlated with body mass index (BMI). The  $R^2$  coefficients for ALT, AMT, and PAP were 0.64, 0.69, and 0.48, respectively ( $p < 0.01$ ). ALT thickness ( $1.61 \pm 0.07$  cm) was significantly lower than AMT thickness ( $2.05 \pm 0.08$  cm,  $p < 0.0001$ ). PAP thickness was significantly higher than the thickness of the ALT/AMT flaps when the measurement was made over the first perforator of the adductor magnus ( $2.31 \pm 0.12$  cm,  $p < 0.0001$ ), but there was no significant difference when the measurement was made over the second perforator ( $1.88 \pm 0.09$  cm,  $p > 0.05$ ).

**Conclusions:** Thigh flaps tend to be thicker in women and in those patients with high BMI. The thigh flap that is least influenced by BMI is the PAP flap. The PAP flap harvested around the second perforator of the adductor magnus can be as thin as the ALT flap.

#### INTRODUCTION

Soft tissue microsurgical reconstruction in the head and neck regions can be performed with different types of free flaps. For decades, the anterolateral and anteromedial thigh regions have been considered as the ideal donor sites [1,2], especially in Asian countries. Recently, the profunda artery perforator (PAP) flap harvested from the posteromedial region of the thigh has been proposed as a good choice for use in oral cavity reconstruction [3,4,5]. However, in the Western countries, thigh flaps, especially the PAP flaps, are not used as often as in the Asian countries for oral reconstruction because there are concerns regarding the greater thickness of thigh flaps as compared with the radial forearm free flaps (RFFF).

There are previous publications on anterolateral thigh (ALT) flap thickness measured with Doppler ultrasound [6,7] and only one study using computed tomographic angiography (CTA) [8]. However, none of these studies compare ALT flap thickness with PAP flap thickness in the same patient.

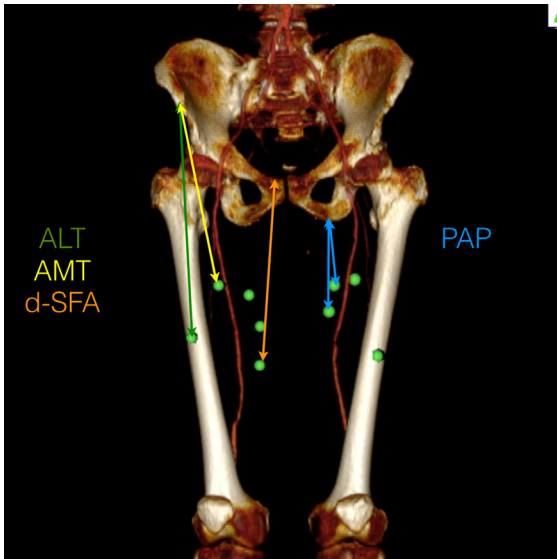
The aim of this study was to compare the PAP flap thickness with the thickness of other thigh flaps that were more commonly used for intraoral reconstruction and to identify the factors influencing its thickness in our population using CTA. This information would be useful to facilitate flap selection based on desired tissue volume in patients with greater thigh thickness, like our population.

#### MATERIAL AND METHODS

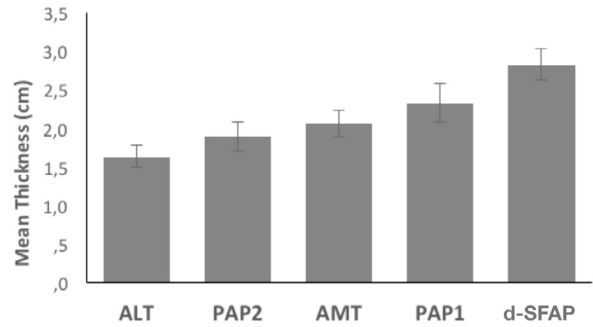
##### Study Sample

The study sample comprised 72 legs of 36 patients. The inclusion criteria were the patients who underwent head and neck microsurgical reconstruction with a fibula free flap and a preoperative CTA. The exclusion criteria consisted of the antecedent of previous thigh flap harvested. CTA was performed on a 64-slice multiple detector computed tomography scanner (LightSpeed VCT; GE Healthcare, Milwaukee, WI, USA) using a standardized protocol. Data post-processing was done using the open-source software Horos™ v 1.1.7 (GNU Lesser General Public License, version 3).

Morphologic analysis of flap thickness and perforator location was done for the ALT flap, the anteromedial (AMT) flap, the distal superficial femoral artery perforator (d-SFAP) flap, and the PAP flap in all 72 legs. The d-SFAP flap is not commonly used for intraoral reconstruction, but it was also included in this study because of the constancy of the location of its perforator. For the ALT flap, the references were the anterior superior iliac spine (ASIS) and the superolateral border of the patella. The best perforator around the midpoint between both references was identified and its location relative to the ASIS was registered. The same references were used for the AMT flap. The cutaneous perforator of the AMT flap was located close to the intersection between the rectus femoris and sartorius muscles. The perforator's location (relative to the ASIS) and its origin—whether arising from the lateral circumflex femoral artery (LCFA), medial circumflex femoral artery (MCFA), or superficial femoral artery (SFA)—were identified. For the PAP flap, the references were the ischial tuberosity and the superomedial border of the patella. The first and second perforators of the adductor magnus were registered. So, two PAP flaps were considered in each leg: one PAP flap based on the first proximal perforator of the adductor magnus (PAP1) and another PAP flap based on the second or distal perforator (PAP2). The d-SFAP flap was based on a direct cutaneous branch of the SFA. The references used to locate this branch were the pubic tubercle and the superomedial border of the patella (Figure 1).

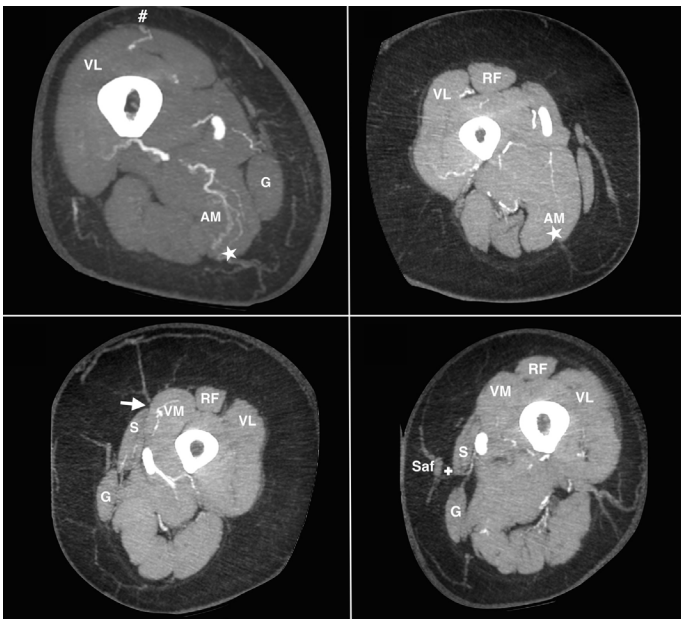


**Figure 1.** Example of measurements from proximal reference points to the perforators. ALT, anterolateral thigh; AMT, anteromedial thigh; d-SFAP, distal superficial femoral artery perforator; PAP1, profunda artery perforator flap based on the first perforator of the adductor magnus; PAP2, profunda artery perforator flap based on the second perforator of the adductor magnus.



	ALT	PAP2	AMT	PAP1	d-SFAP
ALT		n.s	**	**	**
PAP2			n.s	**	**
AMT	* p < 0.01			n.s	**
PAP1	** p < 0.0001				*

**Figure 3.** Graph illustrates the differences in thickness measured in the location of the perforator artery of each flap in a single patient. Estimated marginal means of flap thickness were adjusted using the following covariates: relative distance from proximal reference at mean 43.1, BMI at mean 26.7, and sex using a repeated-measures mixed linear model analysis (n = 36, F = 69.264; p < 0.001; -2 log likelihood = 473.217). The table below the graph shows the results of the post-hoc tests with Bonferroni adjustment for multiple comparisons. ALT, anterolateral thigh; AMT, anteromedial thigh; BMI, Body mass index (kg/m<sup>2</sup>); d-SFAP, distal superficial femoral artery perforator; n.s, not significant; PAP1, profunda artery perforator flap based on the first perforator of the adductor magnus; PAP2, profunda artery perforator flap based on the second perforator of the adductor magnus.



**Figure 2.** Axial CTA images: perforators of different thigh flaps. Thickness was measured at the point where the cutaneous perforator entered the deep fascia. The arrow indicates the anteromedial thigh perforator; the # indicates the anterolateral thigh perforator; the star indicates the profunda artery perforator; the cross indicates the distal superficial femoral artery perforator. AM, adductor magnus; G, gracilis; RF, rectus femoris; S, Sartorius; Saf, saphenous vein; VL, vastus lateralis; VM, vastus medialis.

To allow comparisons between the patients with different thigh lengths, longitudinal measures were expressed as a percentage of the total length between the reference points for each flap. Flap thickness was measured at the point where the cutaneous perforator entered the deep fascia (Figure 2).

**Statistical Analysis**

Statistical analysis was done using R v 3.1.1. (CRAN, Vienna). Normality was assessed using the Kolmogorov-Smirnov test and by visual inspection of the shape of histograms. The independent samples t-test was used to test the statistical differences between the means of the two given groups, as in the comparison of flap thickness in men and women. Pearson correlation analysis was used to assess the relationship between flap thickness and different continuous variables. A repeated-measures mixed linear model analysis was performed using all the available measurements of the total thickness (36 subjects, 72 legs, 360 flaps). The type of flap (ALT, AMT, d-SFAP, PAP1, PAP2) and side (left or right) were included in the model as repeated measures factors. The most appropriate covariance structure for the residuals (repeated covariance type) was a first-order autoregressive structure with heterogeneous variances. Parameters were estimated using the maximum likelihood method. A fixed-effect model was built and the marginal means of each flap were estimated, taking into consideration of the covariates such as sex, body mass index (BMI), and the relative distance from the proximal reference point to the point where the thickness of each flap was measured (longitudinal measures were expressed as a percentage of the total length between the reference points for each flap). Bonferroni adjustment was used for multiple comparisons. The threshold for significance was set up to 0.05.

**Table 1** Descriptive Statistics of Sex, Age and BMI

	Men	Women	Total	p
n	20	16	36	
Age	56.3 (3.3)	55.9 (3.9)	56.1 (2.5)	0.933
BMI	25.5 (0.9)	27.9 (1.5)	26.5 (0.8)	0.162

Data are shown as mean (standard error of mean). BMI, Body mass index (kg/m<sup>2</sup>)

**RESULTS**

In this sample of 36 patients, reconstruction was necessary because of oral

**Table 2. Detail of Flap Thickness in Individual Patients**

No.	Sex	Age	BMI	ALT		AMT		DSFA		PAP1		PAP2	
				Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
1	M	14	18.4	0.79 (49.3%)	N/A	N/A	0.98 (56.5%)	N/A	1.10 (46.4%)	1.43 (25.8%)	1.44 (23.0%)	1.00 (39.5%)	1.10 (31.6%)
2	F	55	21.1	2.20 (42.7%)	N/A	N/A	N/A	3.00 (41.9%)	3.10 (47.9%)	2.80 (17.2%)	2.80 (18.7%)	2.20 (23.4%)	2.30 (26.0%)
3	M	71	24.9	0.78 (46.9%)	0.88 (42.2%)	1.10 (46.0%)	N/A	1.90 (53.1%)	2.10 (52.6%)	1.60 (28.3%)	1.70 (27.9%)	1.40 (42.0%)	1.60 (37.3%)
4	M	37	19.2	0.23 (52.0%)	0.39 (46.9%)	0.35 (45.3%)	0.41 (53.6%)	0.59 (57.5%)	0.61 (57.5%)	0.97 (18.9%)	0.86 (15.8%)	0.47 (32.6%)	0.48 (30.6%)
5	M	54	26.9	1.70 (54.8%)	1.60 (52.4%)	2.60 (59.5%)	3.00 (54.8%)	3.10 (61.0%)	3.30 (64.6%)	3.90 (16.9%)	3.10 (37.7%)	3.10 (29.7%)	2.90 (47.9%)
6	M	49	31.2	1.40 (62.1%)	1.80 (50.7%)	2.00 (49.7%)	2.40 (52.4%)	2.10 (62.2%)	1.80 (74.6%)	4.00 (27.9%)	4.20 (29.6%)	2.60 (40.2%)	2.20 (39.5%)
7	F	40	26.0	2.18 (61.7%)	2.13 (54.1%)	N/A	N/A	2.90 (61.2%)	3.20 (64.9%)	4.19 (29.0%)	3.90 (31.9%)	3.00 (38.6%)	2.49 (45.7%)
8	M	72	26.2	0.80 (49.9%)	0.63 (51.7%)	0.84 (44.5%)	0.87 (51.8%)	N/A	0.86 (62.3%)	1.20 (25.7%)	0.90 (31.3%)	0.59 (37.0%)	0.70 (45.0%)
9	F	61	29.0	2.50 (46.3%)	1.90 (48.9%)	N/A	N/A	4.90 (44.2%)	4.60 (44.1%)	4.60 (21.7%)	3.80 (24.5%)	3.80 (27.6%)	3.10 (32.8%)
10	M	56	28.1	1.03 (42.4%)	1.12 (40.2%)	1.43 (41.6%)	1.54 (49.5%)	1.70 (60.0%)	2.70 (49.6%)	2.30 (23.4%)	2.90 (19.7%)	1.60 (30.7%)	2.40 (27.8%)
11	M	57	21.3	0.67 (54.9%)	N/A	N/A	1.17 (58.0%)	1.85 (51.3%)	1.70 (44.9%)	1.14 (36.0%)	0.96 (29.4%)	0.87 (48.0%)	0.85 (37.1%)
12	M	76	21.3	0.36 (49.3%)	0.45 (50.7%)	0.49 (52.3%)	0.75 (49.2%)	1.00 (52.2%)	1.10 (60.8%)	0.96 (27.4%)	0.78 (24.3%)	0.60 (35.5%)	0.61 (31.0%)
13	F	74	36.6	1.80 (49.1%)	1.90 (48.7%)	2.00 (43.9%)	2.20 (43.6%)	3.60 (51.8%)	4.30 (51.6%)	1.70 (32.7%)	3.00 (23.9%)	1.50 (40.0%)	1.60 (26.4%)
14	M	68	24.8	1.10 (58.3%)	0.92 (57.3%)	1.76 (45.4%)	1.63 (48.0%)	N/A	2.70 (57.4%)	3.60 (21.8%)	3.30 (24.6%)	2.70 (32.1%)	2.40 (37.0%)
15	M	68	23.8	1.50 (50.9%)	1.60 (47.4%)	2.60 (52.3%)	1.97 (48.7%)	2.80 (62.8%)	2.50 (62.5%)	2.24 (27.8%)	2.20 (23.0%)	1.20 (38.2%)	1.43 (29.7%)
16	M	71	30.5	1.29 (50.3%)	1.48 (46.6%)	N/A	N/A	2.70 (59.0%)	2.10 (68.4%)	1.64 (27.5%)	1.58 (22.8%)	1.39 (38.5%)	1.38 (30.0%)
17	M	46	25.4	0.43 (63.7%)	0.68 (48.7%)	0.72 (42.1%)	N/A	1.80 (48.3%)	1.80 (47.6%)	1.15 (25.6%)	0.95 (30.8%)	1.11 (35.1%)	N/A
18	M	68	25.8	0.84 (50.9%)	0.80 (48.3%)	N/A	1.00 (54.3%)	1.33 (64.6%)	1.40 (67.9%)	1.40 (30.6%)	1.40 (29.1%)	1.00 (37.7%)	1.10 (42.4%)
19	M	48	29.0	0.90 (48.9%)	0.94 (51.7%)	1.20 (55.1%)	1.33 (56.4%)	1.90 (57.2%)	2.10 (60.5%)	1.90 (23.5%)	N/A	0.96 (33.2%)	N/A
20	F	43	30.1	2.60 (50.9%)	2.60 (48.5%)	N/A	2.40 (52.9%)	3.10 (48.1%)	3.70 (48.2%)	4.20 (22.4%)	3.90 (33.5%)	3.40 (30.2%)	3.60 (42.7%)
21	F	53	19.5	N/A	0.99 (58.1%)	2.07 (45.0%)	2.16 (42.0%)	2.30 (49.9%)	2.70 (48.7%)	3.08 (22.8%)	2.31 (35.0%)	2.20 (31.9%)	1.56 (44.6%)
22	F	63	31.6	3.90 (56.0%)	4.50 (51.2%)	N/A	3.90 (51.9%)	4.10 (54.3%)	4.40 (62.3%)	3.90 (28.3%)	3.74 (31.6%)	3.60 (46.5%)	3.50 (41.2%)
23	F	51	31.0	2.60 (39.7%)	1.36 (55.4%)	2.60 (55.0%)	N/A	3.50 (48.5%)	3.80 (49.8%)	2.70 (24.7%)	3.00 (26.7%)	1.90 (33.9%)	2.20 (35.6%)
24	F	84	19.8	1.46 (42.6%)	1.27 (43.0%)	1.78 (38.4%)	1.52 (47.2%)	2.10 (61.1%)	2.60 (63.5%)	3.48 (11.8%)	4.00 (15.6%)	2.40 (20.5%)	2.70 (31.3%)
25	M	49	22.9	0.77 (47.8%)	0.78 (46.3%)	1.17 (47.4%)	1.19 (59.7%)	1.40 (68.3%)	1.34 (68.3%)	2.26 (11.4%)	2.02 (14.9%)	1.48 (27.3%)	1.70 (20.9%)
26	M	52	21.3	0.62 (46.5%)	0.34 (41.3%)	0.87 (32.3%)	0.86 (40.7%)	0.95 (52.6%)	1.03 (56.1%)	0.91 (30.6%)	1.14 (20.7%)	N/A	N/A
27	F	73	29.2	2.32 (70.7%)	1.77 (46.3%)	2.22 (48.4%)	2.40 (50.9%)	4.30 (46.2%)	4.00 (48.8%)	3.82 (36.8%)	3.89 (29.1%)	2.95 (28.0%)	2.80 (17.6%)
28	F	62	25.6	1.56 (50.0%)	1.43 (57.1%)	1.98 (54.8%)	2.13 (52.6%)	3.10 (54.4%)	3.50 (58.4%)	3.13 (25.2%)	2.73 (27.8%)	2.37 (29.6%)	2.20 (28.3%)
29	M	52	26.6	1.05 (51.8%)	1.00 (48.2%)	N/A	1.29 (44.6%)	1.70 (71.4%)	1.90 (60.6%)	2.10 (26.1%)	2.10 (28.6%)	1.70 (33.0%)	1.30 (34.9%)
30	F	52	22.6	0.47 (41.7%)	0.48 (53.3%)	0.83 (43.4%)	0.83 (42.1%)	0.85 (59.1%)	0.90 (52.6%)	0.80 (19.9%)	1.26 (16.1%)	0.51 (38.1%)	0.58 (35.3%)
31	F	51	24.9	1.08 (50.0%)	0.71 (59.3%)	N/A	N/A	2.10 (68.7%)	2.20 (66.2%)	2.39 (35.2%)	1.95 (30.6%)	1.58 (43.7%)	2.05 (37.6%)
32	F	67	30.5	2.02 (43.8%)	2.00 (39.4%)	2.21 (55.5%)	2.47 (55.2%)	2.80 (64.3%)	3.80 (49.4%)	4.57 (31.2%)	4.71 (26.6%)	4.61 (39.7%)	4.00 (32.1%)
33	M	67	27.8	0.89 (50.7%)	1.23 (44.2%)	2.00 (38.1%)	1.80 (38.4%)	2.76 (53.3%)	2.40 (63.6%)	2.90 (23.3%)	2.80 (25.0%)	1.80 (34.2%)	2.20 (25.7%)
34	F	19	40.8	3.30 (63.8%)	3.08 (55.9%)	4.20 (55.4%)	4.00 (58.7%)	4.10 (62.9%)	3.80 (71.0%)	3.60 (42.3%)	4.20 (39.6%)	3.10 (58.0%)	3.20 (57.0%)
35	M	51	34.5	1.34 (47.6%)	1.75 (41.3%)	2.25 (53.2%)	N/A	2.80 (56.1%)	2.80 (54.0%)	3.24 (22.3%)	3.69 (21.4%)	2.45 (31.5%)	2.95 (31.9%)
36	F	46	27.3	1.93 (48.7%)	1.86 (48.1%)	2.47 (46.1%)	2.54 (50.8%)	3.10 (55.3%)	2.40 (64.5%)	3.66 (30.1%)	3.79 (25.8%)	2.62 (35.7%)	3.10 (32.6%)

Thickness of individual flaps is expressed in centimeters (cm). In brackets, percentage of the total length from proximal reference point (see text). ALT, anterolateral thigh; AMT, antero-medial thigh; BMI, Body mass index (kg/m<sup>2</sup>); d-SFAP, distal superficial femoral artery perforator; PAP1, profunda artery perforator flap based on the first perforator of the adductor magnus; PAP2, profunda artery perforator flap based on the second perforator of the adductor magnus.

carcinoma (25 patients), ameloblastoma (5 patients), trauma sequelae (3 patients), or radionecrosis (3 patients). Basic descriptive statistics are summarized in Table 1 and individual data are shown in Table 2.

The best identifiable perforator of the ALT flap was located about 21.8 ± 2.57 cm (mean ± standard error) from the ASIS (50.1% of the total length between the references). A reliable perforator for the AMT flap located around the intersection between the rectus femoris and sartorius muscles was present in 52/72 legs (72.3%); the origin of the perforator was from the LCFA in

38/72 legs (52.8%), from the SFA in 10/72 legs (13.9%), and from the MCFA in 4/72 legs (5.6%). In 20/72 legs (27.7%), the best perforator for the AMT arose very distally from the SFA (far from the intersection between the rectus femoris and sartorius muscles). The perforator of the d-SFAP was located about 20.5 ± 3.17 cm from the pubic tubercle (57% of the total length between the references). The first and second perforators of the adductor magnus muscle were located about 8 ± 1.88 cm and 10.84 ± 2.32 cm, respectively, from the ischial tuberosity (26% and 35% of the total length between the references).

**Table 3. Thigh Flaps Thicknesses**

Flap	Men		Women	
	Mean Thickness (cm)	SE	Mean Thickness (cm)	SE
ALT	1.14	0.09	1.92	0.11
AMT	1.61	0.11	2.22	0.13
d-SFAP	2.14	0.13	3.22	0.13
PAP1	1.95	0.18	3.01	0.18
PAP2	1.56	0.13	2.38	0.14

Thigh flaps thicknesses expressed and estimated marginal means after repeated measures ANOVA, taking into consideration the following covariates: sex, BMI, and the relative distance from the proximal reference point to the point where the thickness of each flap was measured. Data are shown as mean (standard error of mean). ALT, anterolateral thigh; AMT, anteromedial thigh; BMI, Body mass index (kg/m<sup>2</sup>); d-SFAP, distal superficial femoral artery perforator; PAP1, profunda artery perforator flap based on the first perforator of the adductor magnus; PAP2, profunda artery perforator flap based on the second perforator of the adductor magnus. SE, standard error.

For each kind of flap, the thickness was significantly higher in women ( $p < 0.001$ ) (Table 3). Thickness was also correlated with BMI. The  $R^2$  coefficients for ALT, AMT, d-SFAP, and PAP were 0.64, 0.69, 0.62, and 0.48, respectively ( $p < 0.01$ ).

ANOVA showed significant differences between the thicknesses of the four kinds of thigh flaps (Figure 3). ALT thickness ( $1.61 \pm 0.07$  cm) was significantly lower than AMT thickness ( $2.05 \pm 0.08$  cm) and d-SFAP thickness ( $2.8 \pm 0.09$  cm,  $p < 0.0001$ ). The thickness of the PAP flap was significantly higher than that of the ALT flap when the measurement was made over the first perforator ( $2.31 \pm 0.12$  cm,  $p < 0.0001$ ), but it was not significantly different from the ALT/AMT flaps when the measurement was made over the second perforator ( $1.88 \pm 0.09$  cm,  $p > 0.05$ ).

## DISCUSSION

Intraoral reconstruction can be performed using different types of thigh flaps. Flap thickness is an important factor to be considered during flap selection. In this paper, we present our anthropomorphic analysis of different thigh flaps in a Spanish population.

The locations of the best identifiable perforators for the ALT flap in our sample are similar to those described in the previous reports [1]. For the AMT flap, the most common origin of the perforator found at the intersection between the rectus femoris and sartorius muscles was the LCFA, which was similar to the previous reports [9]. Mojallal et al. [10] have described the constancy of the location of the d-SFAP flap perforator at a mean distance of  $22.79 \pm 1.55$  cm from the pubic tubercle and in close relation with the saphenous vein, which is comparable to the mean distance of  $20.5 \pm 3.17$  cm in our study. Our data are also consistent with other studies that have found most of the perforators of the PAP flap located 8-10 cm from the pubic crease [3].

Previous researchers have used ultrasonography to evaluate the thickness of the ALT free flap. In 2002, Nakayama et al. [6] performed an ultrasonography study of living head and neck cancer patients and reported the mean thickness of skin and subcutaneous tissue of the ALT flap in their population as  $7.1 \pm 3.4$  mm. Aladimi et al. [7] reported a mean thickness of  $14.5 \pm 4.2$  mm for the ALT flap; this relatively high value was probably because the volunteers in their study were all healthy and Americans. Hsu et al. [8] reported a lower mean thickness of  $9.8 \pm 4$  mm in 202 healthy volunteers from Taiwan. These data from Doppler ultrasound studies suggest that the flap thickness varies with ethnic origin and health status and it appears to be less in Asian patients than in Westerners.

There was only one previous study using CTA to assess flap thickness and it was performed in a Western population (106 patients) to assess only the ALT flap [11]. The mean thickness of ALT flaps in men and women in that study

were 9.9 and 19.9 mm, respectively, which were comparable with our findings. However, there were no previous publications to assess flap thickness with CTA on other thigh flaps.

Similar to our study, earlier studies have also demonstrated thicker subcutaneous fat in the anterior thigh region in female patients than in male patients [8,11,12,13], and also the ALT flap thickness has been correlated with BMI [8,11,13,14]. In the present study, we have demonstrated for the first time that there exists a correlation between flap thickness and BMI and gender in all thigh flaps studied, including the PAP flap. Moreover, the PAP flap appears to be the least correlated with BMI.

In addition, the difference in thickness of subcutaneous fat between upper and lower parts of the anterior thigh has been reported [12,13]. Nevertheless, to date, there has not been any anthropomorphic analysis of the thickness of PAP as compared to the thickness of ALT or AMT free flaps in the same patient.

The PAP flap has become an ideal choice for autologous tissue breast reconstruction as an alternative to the deep inferior epigastric perforator flap [15]. However, there are few reports regarding its use for intraoral reconstruction [3,4,5]. The main concern in our population could be its greater thickness compared to the ALT flap, but with our results, we can show that there is not much difference when the PAP flap is designed around a distal perforator. Our current results may encourage the decision for harvesting a PAP flap as an alternative to an ALT flap when the indication is made for intraoral reconstruction.

In our study, the population included oncological patients. Nutritional status of these patients could be influencing our final results. Nevertheless, one of the most common reasons for microsurgical reconstruction of the head and neck in an adult patient is head and neck carcinoma. However, future research on correlating nutritional status with skin thickness will be useful in order to clarify the differences between series with healthy and/or head and neck cancer patients.

## CONCLUSION

All thigh flaps, including the PAP flap, tend to be thicker in women and in those patients with high BMI. The thigh flap that is least correlated with BMI is the PAP flap. Besides, the PAP flap thickness is not significantly different from that of the ALT/AMT flaps when the measurement is made over the second perforator of the adductor magnus muscle. Hence, harvesting the PAP flap around a distal perforator makes it easier to obtain a flap as thin as the ALT flap used in the same patient. Because of the similarity in thickness, the PAP flap can be considered in our population to be a good alternative of the ALT flap for intraoral reconstruction.

## ARTICLE INFORMATION

**\*Correspondence:** Susana Heredero, MD, PhD, Hospital Universitario Reina Sofía, Periodista Quesada Chacón 8-2-1ªA, 14005, Córdoba, Spain E-mail: susana\_heredero@yahoo.es

**Received:** Mar. 26, 2019; **Accepted:** Sept. 02, 2019; **Published:** Nov. 25, 2019

**DOI:** 10.24983/scitemed.imj.2019.00120

**Ethics Approval and Consent to Participate:** This study adhered to the principles of the Declaration of Helsinki in terms of medical protocols and ethics and was approved by the institutional ethics committee (Reference number 3965) from the Reina Sofia University Hospital, Córdoba, Spain.

**Funding:** The study did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

**Conflict of Interest:** The authors report no financial or other conflict of interest relevant to this article, which is the intellectual property of the authors.

**Copyright** © 2019 The Authors. This is an open-access article distributed under the terms of the Creative Commons Attribution 4.0 International License (CC-BY).

## DISCLOSURES

Partial content of this manuscript was presented at the 24th Congress of the European Association for Cranio Maxillo Facial Surgery, 18-21 September 2018, Munich, Germany under the title of "Thigh Free Flap Thickness in Western Population: Customizing Free Flaps for Tongue Reconstruction".

## REFERENCES

1. Wei FC, Jain V, Celik N, Chen HC, Chuang DC, Lin CH. Have we found an ideal soft-tissue flap? An experience with 672 anterolateral thigh flaps. *Plast Reconstr Surg* 2002;109:2219-2226.
2. Cheng HT, Tian JY, Hsu YC, Chen HH, Chang SC. Use of the ipsilateral antero-medial thigh flap for immediate rescue of nonviable anterolateral thigh flaps in head and neck cancer reconstruction. *J Craniofac Surg* 2017;28(6):e517-e521.
3. Scaglioni MF, Kuo YR, Yang JC, Chen YC. The posteromedial thigh flap for head and neck reconstruction. *Plast Reconstr Surg* 2015;136(2):363-375.
4. Wu JC, Huang JJ, Tsao CK, Abdelrahman M, Kolios G, Cheng MH. Comparison of posteromedial thigh profunda artery perforator flap and anterolateral thigh perforator flap for head and neck reconstruction. *Plast Reconstr Surg* 2016;137(1):257-266.
5. Fernández-Riera R, Hung SY, Wu JC, Tsao CK. Free profunda femoris artery perforator flap as a first-line choice of reconstruction for partial glossectomy defects. *Head Neck* 2017;39(4):737-743.
6. Nakayama B, Hyodo I, Hasegawa Y, et al. Role of the anterolateral thigh flap in head and neck reconstruction: advantages of moderate skin and subcutaneous thickness. *J Reconstr Microsurg* 2002;18(3):141-145.
7. Aladimi MT, Han B, Li C, Helal H, Gao Z, Li L. Factors to consider when deciding on the type of free-flap reconstruction of head and neck soft tissue defects. *ORL J Otorhinolaryngol Relat Spec* 2017;79(4):230-238.
8. Hsu KC, Tsai WH, Ting SP, Hsueh JH, Chen LW, Lin YS. Comparison between anterolateral thigh, radial forearm, and peroneal artery flap donor site thickness in Asian patients-a sonographic study. *Microsurgery* 2017;37(6):655-660.
9. Cigna E, Chen HC, Ozkan O, Sorvillo V, Maruccia M, Ribuffo D. The anteromedial thigh free flap anatomy: a clinical, anatomical, and cadaveric study. *Plast Reconstr Surg* 2014;133(2):420-429.
10. Mojallal A, Boucher F, Shipkov H, Saint-Cyr M, Braye F. Superficial femoral artery perforator flap: anatomical study of a new flap and clinical cases. *Plast Reconstr Surg* 2014;133(4):934-944.
11. Seth R, Manz RM, Dahan IJ, et al. Comprehensive analysis of the anterolateral thigh flap vascular anatomy. *Arch Facial Plast Surg* 2011;13(5):347-354.
12. Gong ZJ, Wu HJ. Measurement for subcutaneous fat and clinical applied anatomic studies on perforators in the anterior thigh region. *J Oral Maxillofac Surg* 2013;71(5):951-959.
13. Yu P. Characteristics of the anterolateral thigh flap in a Western population and its application in head and neck reconstruction. *Head Neck* 2004;26(9):759-769.
14. Hakim SG, Jacobsen HC, Trenkle T, Sieg P, Wieker H. Impact of body mass index, gender, and smoking on thickness of free soft tissue flaps used for orofacial reconstruction. *J Craniomaxillofac Surg* 2015;43(8):1325-1329.
15. Haddock NT, Gassman A, Cho MJ, Teotia SS. 101 Consecutive profunda artery perforator flaps in breast reconstruction: lessons learned with our early experience. *Plast Reconstr Surg* 2017;140:229-239.