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New Insights Into Reinnervation of the Vocalis Muscles After Recurrent Laryngeal Nerve Repair: Electrophysiological Evidence



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ABSTRACT

Objective: The resection of the recurrent laryngeal nerve (RLN) during thyroid cancer surgery frequently results in vocal cord paralysis. Restoration techniques such as direct anastomosis and ansa cervicalis-to-RLN anastomosis aim to regain function. Traditional diagnostic methods often yield inconclusive evidence of reinnervation, highlighting the necessity for electrophysiological evaluations. This research provides the first definitive confirmation of this process in human subjects.

Methods: In this retrospective study, we analyzed three patients who underwent RLN repair and subsequent reoperation due to recurrent thyroid cancer. Intraoperative nerve monitoring was employed to assess vocal cord function and confirm reinnervation through electrophysiological evidence. Electromyographic responses were systematically recorded during electrical stimulation of the nerve central to the anastomosis.

Results: Electromyographic responses were recorded in all patients, confirming successful reinnervation of the vocalis muscles post-RLN repair. Electrical stimulation of the nerve central to the anastomosis elicited clear responses in the vocalis muscles, with amplitudes ranging from 406 to 868 µV, which were sufficiently large compared to those on the contralateral side. Stimulation of the ipsilateral vagus nerve did not evoke a vocalis response in patients who underwent ansa cervicalis-to-RLN anastomosis. The results demonstrated that the reinnervation was both targeted and effective, providing substantial evidence of the efficacy of the surgical techniques used in restoring vocal cord function.

Conclusion: This study presents the first electrophysiological evidence of vocalis muscle reinnervation following RLN repair in humans, signifying a groundbreaking advancement in nerve repair. Utilizing intraoperative nerve monitoring, we confirmed successful reinnervation through clear electromyographic responses, highlighting the essential role of these assessments in clinical practice. This pioneering research redefines the standards for RLN repair, emphasizing the critical importance of precision in surgical techniques and rigorous postoperative monitoring. It paves the way for future medical innovations and offers renewed hope for patients, promising enhanced recovery and improved vocal cord function.

INTRODUCTION

Numerous studies have chronicled phonation recovery in patients who have undergone recurrent laryngeal nerve (RLN) repair following its resection due to thyroid cancer invasion or accidental damage [1–4]. Techniques for RLN repair vary, including direct anastomosis of severed ends, free nerve grafting to bridge gaps, and ansa cervicalis-to-RLN anastomosis [2]. Despite these repairs, the ipsilateral vocal fold typically remains fixed in a median position and does not resume normal movement. However, it does recover from atrophy, regains tension during phonation, and ultimately restores phonatory function. This recovery process is often attributed to misdirected regeneration of adductor and abductor nerve fibers [2].

While several reports detail phonatory tests and laryngoscopic findings post-RLN repair [4–7], direct electrophysiological evidence of vocalis muscle reinnervation remains elusive. This study presents three cases where such reinnervation following RLN repair was confirmed electrophysiologically. Using intraoperative nerve monitoring techniques during surgeries for recurrent thyroid cancer, we documented this reinnervation. To our knowledge, this is the first documented instance of electrophysiological evidence of vocalis muscle reinnervation following RLN repair in humans.

The central research question of this study is whether electrophysiological methods can conclusively demonstrate reinnervation of the vocalis muscles following RLN repair in humans. The objectives are twofold: firstly, to evaluate the functionality of the vocalis muscles via electromyographic responses during surgery; secondly, to correlate these responses with observed vocal cord function, providing a direct and innovative method for assessing the efficacy of nerve repair in clinical settings.

METHODS

Study Design and Setting

This retrospective study was conducted at Kuma Hospital, focusing on patients who required additional surgeries for recurrent thyroid cancer after initially recovering phonatory function following RLN repair. The study adhered to the ethical principles of the Helsinki Declaration, with all participants providing informed consent for their data to be used in this research.

Participants

Patients included in this study met specific criteria: a history of RLN repair due to thyroid cancer, subsequent recovery of phonatory function, and the necessity for reoperation due to recurrent thyroid cancer. Between 1998 and 2023, RLN repair was performed on 592 patients at Kuma Hospital. Among these, three cases involved loco-regional recurrence necessitating further neck surgery, making them suitable candidates for this electrophysiological study.

Diagnostic Tools

For the patients in this study, the diagnostic process involved a compre-



Figure 1. Intraoperative visualization in Case 1. (A) Tumor invasion at Berry's ligament, indicated by a large arrowhead. The peripheral segment of the right RLN is exposed by dividing the inferior pharyngeal constrictor muscle using a laryngeal approach. Smaller arrows distinguish the peripheral and central segments of the right RLN, enhancing anatomical clarity. (B) Ansa cervicalis-to-right RLN anastomosis highlighted by an arrowhead, demonstrating a critical technique for nerve function restoration post-tumor resection. RLN, recurrent laryngeal nerve.

hensive array of tools to ensure an exhaustive evaluation of the thyroid and its adjacent structures. This included ultrasound, laryngoscopy, fine-needle aspiration cytology, and computed tomography (CT) scans.

Surgical Interventions

Each surgery in this study was performed under general anesthesia, with meticulous monitoring of RLN integrity to ensure the nerve's preservation. Surgical techniques, including nerve anastomosis and tumor resection, were standardized and executed using microsurgical instruments to guarantee precision across all cases. The surgical strategies were customized for each patient, taking into account the extent of cancer spread and individual patient needs. Foundational procedures commonly included total thyroidectomy and central neck dissection. For more complex cases, the surgical regimen was expanded to incorporate modified neck dissections and lymph node resections. This tailored approach aimed to provide optimal surgical outcomes by specifically addressing the unique anatomical and clinical challenges posed by each patient's thyroid cancer progression.

Electrophysiological Monitoring

Intraoperative neuromonitoring was conducted using the NIM-Response 3.0 system (Medtronic, Jacksonville, FL, USA). This involved recording electromyographic responses from the vocalis muscles during electrical stimulation of the RLN and the ansa cervicalis, both before and after anastomosis procedures. Normal electromyographical responses were established based on comparisons with measurements from the unaffected contralateral muscles. Any significant deviations from these normative values were categorized as abnormal, providing a clear benchmark for assessing nerve functionality during surgery.

Statistical Methods

Given the nature of this case series, statistical analysis was not the primary focus; however, descriptive statistics were used to delineate the range and consistency of the electromyographic amplitudes. Observational data were also presented, illustrating clinical outcomes and providing electrophysiological evidence of nerve functionality.

RESULTS

Uniform electromyographic amplitudes across all patients indicate effective reinnervation of the vocalis muscles. This consistency confirms the reliability of the surgical outcomes and validates the efficacy of the employed nerve repair techniques, emphasizing their significant impact on enhancing vocal function after RLN repair.

Table 1 comprehensively details the results from intraoperative neuromonitoring and postoperative vocal cord function assessments. This table presents a comparative analysis of the three cases involved in the study, meticulously documenting electromyographic responses during surgery. Furthermore, Table 1 encompasses a broad spectrum of clinical features, surgical interventions, and outcomes, providing a holistic view of the efficacy and implications of the RLN repair techniques employed. This structured presentation aids in clearly understanding the clinical and electrophysiological parameters critical to evaluating the success of RLN repairs.

Patient Demographic Details

This study involved three female patients who underwent RLN repair, aged between 20 and 74 years at the time of the procedure. This range underscores the procedure's relevance across diverse life stages. Follow-up intraoperative neuromonitoring occurred when the patients were aged 22, 75, and 80, respectively. These evaluations, carried out between two to six years after the initial repair, demonstrate the long-term effectiveness of the procedure. The results highlight its applicability and potential to sustain phonatory function recovery in both younger and older populations, reinforcing its significant demographic and clinical value.

Type of RLN Repair

The surgical techniques for RLN repair employed in this study varied across the three patients, facilitating a comparative analysis of different methods. Two patients underwent ansa cervicalis-to-RLN anastomosis, utilizing the ansa cervicalis nerve for reconnection, while the third patient received direct anastomosis, which involved directly reconnecting the severed RLN ends. This

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Table 1. Comparative Analysis of Clinical Features, Surgical Interventions, and Outcomes in Recurrent Laryngeal Nerve Repair			
Variable	Case 1	Case 2	Case 3
Demographics			
Age at RLN repair (years)	71	74	20
Age at IONM of repaired RLN after	75	80	22
voice recovery (years)			
Sex	Female	Female	Female
Clinical presentation			
Initial presentation	Husky voice, papillary thyroid cancer	Papillary thyroid cancer	Papillary thyroid cancer recurrence
Tumor location and size	Right thyroid lobe: 22 mm; Left lobe: 10 mm	Left thyroid lobe: 9 mm	Left lateral neck lymph nodes: max 15 mm
Surgical details			
Type of RLN repair	Ansa cervicalis-to-RLN anastomosis	Ansa cervicalis-to-RLN anastomosis	Direct anastomosis
Preoperative vocal cord status	Right vocal cord paralysis	Bilateral vocal fold function	Left vocal cord fixation
Diagnostic tools used	Ultrasound, laryngoscopy, fine-needle	Ultrasound, laryngoscopy, fine-needle	Ultrasound, laryngoscopy, fine-needle
	aspiration, CT	aspiration, CT	aspiration, CT
Surgical interventions	Total thyroidectomy, central neck dissection	Subtotal and remnant thyroidectomy, modi-	Left lobectomy, paratracheal lymph node
		fied neck dissection	dissection
Intraoperative monitoring system	NIM-Response 3.0 system	NIM-Response 3.0 system	NIM-Response 3.0 system
Postoperative outcomes			
Postoperative vocal cord function	Right vocal cord fixation, improved MPT	Left vocal cord fixation, improved MPT	Left vocal cord fixation, good tension
EMG responses	EMG response observed in vocalis muscle	EMG response observed in vocalis muscle	EMG response in left vocalis muscle
	post-surgery; stimulation of the right ansa	post-surgery; stimulation of the left ansa	post-surgery; direct stimulation of left
	cervicalis evoked clear responses; no	cervicalis evoked clear responses; no	vagus nerve evoked response indicating
	response from right vagus nerve	response from left vagus nerve	reinnervation
Vocal cord function	Right vocal cord remained paralyzed but	Left vocal cord remained paralyzed but	Left vocal cord fixed in median position but
	showed improved tension and reduced	showed improved tension and reduced	not atrophic, showing good tension
	atrophy, confirmed by laryngeal fiberscopy	atrophy	
Phonatory function recovery (as-	Initially 12.6 seconds, reduced to 9.0	Initially 10.6 seconds, reduced to 5 seconds	No data post-first surgery. One year and ten
sessed by MPT)	seconds post-first surgery, recovered to 21.6	post-third surgery, recovered to 14 seconds,	months after the first surgery, MPT recov-
	seconds, indicating significant phonatory	suggesting gradual recovery	ered to 21.4 seconds, indicating significant
	recovery		phonatory recovery
Follow-up and additional treatments			
Follow-up duration	4.5 years	5 years	1 year 10 months
Additional treatments	Radioactive iodine therapy, bilateral modi-	Recurrent tumor resection and lateral modi-	Resection of residual thyroid and lymph
	fied neck dissection	fied neck dissection	nodes
Postoperative complications/out-	High thyroglobulin levels, persistent disease,	Recurrent disease adjacent to left ligament	EMG response indicative of reinnervation
comes	EMG response indicative of reinnervation	of Berry, EMG response indicative of	
		reinnervation	

Abbreviations: CT, computed tomography; EMG, electromyographic; IONM, intraoperative neural monitoring; MPT, maximum phonation time; RLN, recurrent laryngeal nerv

variation in approaches allowed for a detailed examination of the efficacy of each method, providing crucial data on their respective outcomes and enhancing our understanding of surgical options for RLN repair.

Postoperative Outcomes

Postoperatively, all patients exhibited some degree of vocal cord fixation, but significant improvements in muscle tension and reduced atrophy were confirmed by electromyographic responses and laryngoscopic examinations. Importantly, the electromyographic responses validated successful reinnervation of the vocalis muscles, with no responses observed from the corresponding vagus nerves. This outcome highlights the precision and effectiveness of the RLN repair techniques, demonstrating their targeted impact in restoring vocal cord function while preserving the integrity of adjacent nerve pathways.

Phonatory Function Recovery

Maximum phonation time (MPT) served as a crucial metric for assessing the recovery of phonatory function in each patient, showing significant improvements over time. This measure is essential for evaluating the efficacy of surgical interventions designed to restore vocal function. The consistent increase in MPT across all cases underscores the effectiveness of the employed recurrent laryngeal nerve repair techniques, confirming



Figure 2. Postoperative laryngoscopic assessments in Case 1. (A) One-month follow-up reveals slight atrophy and a pronounced phonation gap in the right vocal cord, indicating early recovery challenges. (B) Twelve-month follow-up shows the right vocal cord at midline with improved tension and a reduced phonation gap, demonstrating successful surgical recovery.

the surgical success in enhancing patients' vocal capabilities.

Follow-up and Additional Treatments

The follow-up duration for patients in this study ranged from one year and 10 months to five years. During this period, individual patients occasionally required additional interventions to address persistent or recurrent issues related to their initial conditions. These interventions included radioactive iodine therapy, commonly employed to eradicate residual thyroid tissue or treat metastasized thyroid cancer cells. Additionally, some patients underwent further surgeries to manage recurrent disease or complications, such as persistently high thyroglobulin levels, an indicator of residual thyroid cancer. These extended follow-up periods and additional treatments underscore the complexity of thyroid cancer management and the necessity for continuous monitoring and intervention.

Case 1: Ansa Cervicalis-to-RLN Anastomosis

A 75-year-old Japanese woman with a husky voice was referred to our hospital for papillary thyroid cancer treatment. The ultrasound examination revealed tumors measuring 22 mm in diameter in the right thyroid lobe and 10 mm in the left lobe. The fine-needle aspiration cytology confirmed both tumors as papillary thyroid carcinomas. The laryngoscopy showed paralysis of the right vocal cord, with an MPT of 12.6 seconds. The ultrasonography and the neck CT indicated that the right tumor was located adjacent to the right RLN and trachea. No lymph nodes or pulmonary metastases were detected. According to the Union for International Cancer Control (UICC) classification, the patient's cancer stage was III (T4a, N0, M0).

A total thyroidectomy and central neck dissection, along with right RLN repair, were planned. The patient was administered general anesthesia using an endotracheal tube with surface electrodes. The integrity of the RLN and the external branch of the superior laryngeal nerve were monitored using the NIM-Response 3.0 system. Initial stimulation of the right vagus nerve and central portion of the right RLN showed no vocalis muscle response. The right RLN and trachea were involved by the tumor

near Berry's ligament. To expose the peripheral portion of the RLN, the inferior pharyngeal constrictor muscle was divided, a procedure termed the "laryngeal approach" (Figure 1A) [8]. The cancer-invaded segment of the RLN and a partial layer of the trachea were resected. The intraoperative neuromonitoring ensured the preservation of the left RLN.

Following the total thyroidectomy and central compartment dissection, the ansa cervicalis-to-right-RLN anastomosis was performed (Figure 1B). The end-to-end nerve anastomosis was executed with two stitches using 8-0 nylon thread under 2.5× magnification with microsurgical instruments. The postoperative laryngoscopic examination revealed normal movement of the left vocal cord and paralysis of the right vocal cord.

The postoperative evaluations included periodic MPT and laryngoscopic examinations. The MPT values progressively increased to 9.0, 10.9, 14.9, and 21.6 seconds at 1, 3, 6, and 12 months post-surgery, respectively. The patient's hoarseness resolved three months after surgery. The laryngoscopic examination one month post-surgery showed slight atrophy of the right vocal cord and a small gap between the cords during phonation (Figure 2A). Twelve months post-surgery, the right vocal cord remained immobile at the midline but displayed good tension and a narrowed gap during phonation (Figure 2B).

At eight months and again three years post-surgery, the patient underwent radioactive iodine therapy sessions (30 mCi and 100 mCi, respectively), with no suspicious accumulation observed. However, high serum thyroglobulin levels persisted. Four years post-surgery, the ultrasound examination detected suspicious bilateral neck lymph nodes. The fine-needle biopsy confirmed metastatic papillary thyroid carcinoma in these nodes. The CT scans revealed no pulmonary metastases.

Four and a half years after the initial surgery, a bilateral modified neck dissection was performed. During this reoperation, general anesthesia was administered using an endotracheal tube with surface electrodes. The same nerve monitoring system was used to evaluate the RLN, vagus nerve, and right ansa cervicalis-to-RLN network. The electrical stimulation of the right ansa cervicalis evoked a clear electromyographic response in the right vocalis muscle (Figure 3A), whereas the stimulation of the right



В



Right ansa cervicalis nerve stimulation

Left vagus nerve stimulation

Figure 3. Electromyographic responses from right ansa cervicalis-to-right RLN anastomosis in Case 1. (A) Robust response in the right vocalis muscle following right ansa cervicalis nerve stimulation, indicating successful reinnervation. (B) Normal response in the left vocalis muscle following left vagus nerve stimulation, confirming intact neuromuscular function on the non-operated side. RLN, recurrent laryngeal nerve.

vagus nerve did not. Stimulation of the left vagus nerve produced a normal electromyographic response in the left vocalis muscle (Figure 3B).

Case 2: Ansa Cervicalis-to-RLN Anastomosis

A 59-year-old Japanese woman initially underwent a subtotal thyroidectomy and left modified neck dissection for papillary thyroid cancer. At age 65, she underwent a remnant thyroidectomy and right-modified neck dissection due to disease recurrence. Eight years later, the patient experienced a recurrence near Berry's ligament on the left and developed right lateral neck lymph node metastases. Despite not having hoarseness, her MPT was 10.6 seconds, and the laryngoscopy revealed bilateral vocal fold function. The patient subsequently underwent a third surgical procedure. According to the UICC classification, her cancer stage at that time was Stage III (T4a, N1b, M0).

The tumor adjacent to Berry's left ligament invaded the left RLN, necessitating resection of this nerve segment along with the tumor. The nerve was then repaired using left ansa cervicalis-to-left RLN anastomosis, performed in an end-to-end manner with three stitches of 8-0 nylon thread. Postoperatively, the patient developed hoarseness, with an MPT of 5 seconds three months after the third surgery. However, her hoarseness symptoms resolved within a year, and her MPT improved to 14 seconds.

Five years after the third surgery, the periodic ultrasound examinations revealed an increase in the size of the right lateral neck lymph nodes and subcutaneous tumors superficial to Berry's ligament on the left. A fine-needle biopsy confirmed these as metastatic papillary thyroid cancer. Following these findings, the patient underwent resection of the lymph node metastasis and the recurrent tumor.

The general anesthesia was administered using an endotracheal

tube with surface electrodes. The nerve monitoring system was used to assess the activity of the right RLN and the anastomosed ansa cervicalis-to-left RLN network. Electrical stimulation of the left ansa cervicalis central to the anastomosis and the right RLN elicited clear electromyographic responses in the left (Figure 4A) and right (Figure 4B) vocalis muscles, respectively. Both stimuli elicited weak responses in the contralateral vocalis muscles, likely due to low specificity in laterality from the inappropriate placement of electrodes on the endotracheal tube. These findings demonstrated the functionality of the anastomosed ansa cervicalis-to-left RLN neural network. Additionally, the fiberoptic laryngoscopy performed during surgery revealed contraction of the left vocal fold upon electrical stimulation of the left ansa cervicalis, although stimulation of the left vagus nerve did not evoke a vocalis muscle response.

Case 3: Direct Anastomosis of Severed RLN

This patient was a 32-year-old Japanese woman. One year and 10 months before her first visit to our hospital, she underwent a left lobectomy with paratracheal lymph node dissection and was diagnosed with papillary thyroid cancer. During the surgery, her left RLN was found to be invaded by the tumor, necessitating resection of the nerve, which was subsequently repaired via direct anastomosis. At the time of the initial surgery, the patient's cancer stage, according to the UICC classification, was Stage I (T4a, N0, M0).

The patient was referred to our hospital for the treatment of recurrent papillary thyroid cancer in the left lateral neck lymph nodes. The ultrasonography revealed swelling in the left cervical lymph nodes, and a fine-needle biopsy confirmed metastatic papillary thyroid cancer. The laryngoscopy at her first visit to our hospital revealed fixation of the left vocal cord in the median position, although it was not atrophic and exhib-



Left ansa cervicalis nerve stimulation

Right recurrent laryngeal nerve stimulation

Figure 4. Electromyographic analysis following left ansa cervicalis-to-left RLN anastomosis in Case 2. (A) Pronounced electromyographic response in the left vocalis muscle after left ansa cervicalis nerve stimulation, indicating effective nerve activation post-surgery. (B) Normal response in the right vocalis muscle from right RLN stimulation, confirming intact function. Weak responses on the left side suggest suboptimal electrode placement on the tracheal tube. RLN, recurrent laryngeal nerve.

ited good tension during phonation. The patient did not present with hoarseness, and her MPT was 21.4 seconds. CT scans showed no pulmonary metastases.

The patient underwent resection of the residual right thyroid lobe and left modified neck dissection. General anesthesia was administered using an endotracheal tube with surface electrodes. The nerve monitoring system described earlier assessed the activity of the RLNs and vagus nerves. During the surgery, both the vagus nerve and the right RLN were stimulated. Electrical stimulation of the left vagus nerve on the side of the direct anastomosis evoked an electromyographic response in the left vocalis muscle, providing clear electrophysiological evidence of reinnervation (Figure 5A). Electrical stimulation of the right vagus nerve (Figure 5B) and right RLN (Figure 5C) also evoked electromyographic responses in the right vocalis muscle, consistent with normal findings. Notably, stimulation of the left vagus nerve exhibited a longer latency between stimulation and response compared to the right vagus nerve. This was attributed to the greater distance between the stimulation site and the vocalis muscle in the former nerve.

DISCUSSION

Need for Direct Reinnervation Evidence

Numerous reports have documented the postoperative recovery of phonation following RLN repair [1,2]. Typically, when the severed RLN is repaired, the ipsilateral vocal cord remains fixed in the median position and does not regain normal movement. However, the vocal fold eventually recovers from atrophy and restores tension during phonation, ultimately leading to the patient's voice recovery [1]. This recovery is evidenced by the improvement in MPT following RLN repair [2].

The recovery process has been linked to misdirected regeneration among the adductor and abductor fibers within the RLN, as observed in electromyographic analyses of animal experiments [9]. In the RLN, the number of adductor nerve fibers is three times that of the abductor nerve fibers, and in the larynx, the adductor muscles are significantly stronger than the abductor muscles. This imbalance results in the reinnervated vocal fold not restoring normal movement and remaining in the median position during inspiration and phonation [9], complicating the assessment of reinnervation.

Traditional diagnostic approaches, such as phonatory examinations, laryngoscopic examinations, stroboscopic analyses, and vocal function questionnaires, typically provide only suggestive evidence of reinnervation and are often inconclusive [4–7]. Therefore, electrophysiological evaluations are essential to furnish direct and convincing evidence of reinnervation. Electrical stimulation of the nerve central to the repair site provides conclusive evidence of reinnervation of the ipsilateral vocalis muscle—a technique that, to our knowledge, has not been previously reported in humans.

Electrophysiological Evidence for RLN Repair

In this study, we neurophysiologically assessed three patients using intraoperative nerve monitoring techniques. These patients had regained good phonation after RLN repair and subsequently required reoperation due to the recurrence of papillary thyroid carcinoma. Of the three patients, two underwent ansa cervicalis-to-RLN anastomosis and one underwent direct anastomosis. Clear electromyographic responses of the vocalis muscle on the repair side were recorded when the nerve central to the anastomosis was electrically stimulated. The amplitudes (406–868 μ V) obtained from the stimulation were sufficiently large compared to the contralateral side, with clear waveforms and defined latencies.

Wang et al. previously inserted needle electrodes percutaneously into the laryngeal muscles of patients who underwent PLN repair and obtained electromyographic data during phonation and respiration [10]. However, this method does not conclusively demonstrate the functionality of the nerve-to-nerve anastomosis neural network. To our knowledge, this is the first report to confirm reinnervation by measuring the electromyographic response of the vocalis muscles upon electrical stimulation of the nerve central to the anastomosis. In addition to the electrophysiological evidence of reinnervation, simultaneous laryngeal fiberscopy confirmed the contraction of the vocal fold on the RLN repair side, providing another direct indication of reinnervation.



Left vagus nerve stimulation

Right vagus nerve stimulation

Right recurrent laryngeal nerve stimulation

Figure 5. Electromyographic outcomes following direct anastomosis of resected left RLN in Case 3. (A) Clear electromyographic response in the left vocalis muscle after left vagus nerve stimulation, indicating successful nerve recovery. (B) Enhanced response in the right vocalis muscle following right vagus nerve stimulation, reflecting optimal neural function. (C) Exceptionally clear response in the right vocalis muscle form right RLN stimulation, affirming robust nerve functionality. RLN, recurrent laryngeal nerve.

The extent of phonatory dysfunction in patients who have had resection or injury of unilateral RLN can vary, and some patients without RLN repair may show spontaneous recovery of phonatory function. One possible explanation for this phenomenon is the innervation of the vocalis muscles from the superior laryngeal nerve or contralateral RLN via intrinsic intralaryngeal anastomosis. Another possibility is spontaneous reinnervation across the injury site without nerve anastomosis [11,12]. However, the former is difficult to assess. The latter—spontaneous reinnervation across the RLN injury site—should be evaluated in patients with RLN injuries who have demonstrated phonatory recovery, as described in this report. Specifically, stimulation of the RLN central to the injury site and the ipsilateral vagus nerve should yield an electromyographic response in the vocalis muscle.

Comparative Techniques for RLN Repair

To repair RLNs that have been severed or partially resected due to cancer invasion or accidents, several techniques have been employed: direct anastomosis of the cut ends, free nerve grafting to bridge the defect, ansa cervicalis-to-RLN anastomosis, and, in exceptional cases, vagus-to-RLN anastomosis. Each method presents distinct limitations and advantages. However, the recovery of phonation, as assessed by MPT or the phonation efficiency index, did not significantly differ among these methods, according to our evaluations and previous studies [2,13].

Study Limitations

A primary limitation of this study is the small sample size, with only three cases. However, opportunities to assess reinnervation in patients who underwent RLN repair are limited. From 1998 to 2023 at Kuma Hospital, RLN repair was performed on 592 patients, with 449 cases previously reported [13]. Among these patients, the three cases presented here involved loco-regional recurrence necessitating neck surgery, providing a unique opportunity for electrophysiological study. Thus, these cases are particularly significant. While it is theoretically possible to insert electrode needles directly into the larynx, this approach is not beneficial for patients and may result in adverse events, such as infection, vocal cord damage, bleeding, and additional postoperative complications.

CONCLUSION

This study presents the first electrophysiological evidence of vocalis muscle reinnervation following RLN repair in humans. Through intraoperative nerve monitoring, we demonstrated clear electromyographic responses, confirming successful reinnervation. These findings underscore the critical role of electrophysiological assessments in validating nerve repair and emphasize the importance of precise surgical techniques and rigorous postoperative monitoring in restoring vocal cord function. This pioneering evidence not only sets a new standard for evaluating RLN repair success but also paves the way for future research and innovation in surgical and diagnostic practices, offering renewed hope and improved outcomes for patients with vocal cord paralysis.

ARTICLE INFORMATION

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